

Serenity Prayer

If so inclined, please join us briefly for prayer and reflection.

You may want to un-mute to participate in saying *The Serenity Prayer* or stay muted to reflect in your own way.

[Chair: if asked, a page of prayers approved by MA can be found at the website MA-phone.org.]

[Chair: you have the option for format used for reciting the prayer:

- Call-and-response or all-together
- “me” version or “we” version

]

God . . .

Grant me the serenity . . .

To accept the things I cannot change . . .

The courage to change the things I can, . . .

And the wisdom to know the difference.

[Chairperson: **Put meeting into Q&A mode** for the entire meeting until the closing *Serenity Prayer*.]

[Chair: Optionally and additionally the chairperson may recite the Responsibility Statement below]

I am Responsible.

Whenever anyone, anywhere, reaches out for help,

. . . I want the hand of Marijuana Anonymous to be there.

And for that: I am responsible.

[NOTE to chair: Invite volunteers to prepare to read the one of the “Twelves.”

- [12 Questions](#)
- [12 Steps](#)
- [12 Traditions](#)
- [12 Promises](#)
- [12 Principles](#)
- [12 Concepts for Service](#)
- Suggest that active participants get these materials ready and enter the queue by pressing *6, 1 while the chair reads the Preamble.

MA Preamble

[Required] Marijuana Anonymous is a fellowship of people who share our experience, strength and hope with each other that we may solve our common problem and help others to recover from marijuana addiction.

[Required] The only requirement for membership is a desire to stop using marijuana. There are no dues or fees for membership. We are self-supporting through our own contributions. MA is not affiliated with any religious or secular institution or organization and has no opinion on any outside controversies or causes. Our primary purpose is to stay free of marijuana and to help the marijuana addict who still suffers achieve the same freedom. We can do this by practicing our suggested [Twelve Steps](#) of recovery and by being guided as a group by our [Twelve Traditions](#).

[Required] MARIJUANA ANONYMOUS uses the basic 12 Steps of Recovery founded by Alcoholics Anonymous, because it has been proven that the 12 Step Recovery program works!

[Required] When sharing please be respectful of others, and that includes not giving anyone advice or criticism. Please do not comment on anyone else's share, either positive or negative, or refer to anyone else during the meeting, so everyone feels equally welcome.

[Required] We encourage you to speak to others and ask questions after the meeting. These guidelines are suggested so that everyone can feel comfortable and safe while sharing.

[Optional] Who is a marijuana addict?

[Optional] We who are marijuana addicts know the answer to this question. Marijuana controls our lives! We lose interest in all else; our dreams go up in smoke. Ours is a progressive illness often leading us to addictions to other drugs, including alcohol. Our lives, our thinking, and our desires center around marijuana – scoring it, dealing it, and finding ways to stay [stoned].

[Optional] As stated in our third tradition, the only requirement for membership in Marijuana Anonymous is a desire to stop using marijuana. This is to adhere to the “singleness of purpose” concept, but many of us have found that the only way that we can keep our sobriety is to abstain from all mind and mood altering chemicals, including alcohol.

[Optional, perhaps instead of one of the readings below.]

The next few paragraphs are from the Forward to our book ***Life With Hope: A Return to Living through the Twelve Steps and Twelve Traditions of MARIJUANA ANONYMOUS*** . . . (page ix)

How can we tell you how to recover? We cannot. All we can do is share with you our own experiences and recovery through the Twelve Steps of Marijuana Anonymous.

The Twelve Traditions are the guidelines for the fellowship of Marijuana Anonymous and the basic ideas, which unify our groups.

Keeping in mind that our program is a living growing thing . . .

[Chair: Optional readings. . .]

Required: I will now check the queue for volunteers to do one of the 12 readings.

[“The 12 Questions of Marijuana Anonymous.”](#)

[Thank the person by name:]

[“The 12 Steps of Marijuana Anonymous”](#) also known as **[“How It Works”](#)**

[Thank the person by name:]

[“The 12 Traditions of Marijuana Anonymous.”](#)

[Thank the person by name:]

[“The 12 Promises of Marijuana Anonymous”](#)

[Thank the person by name:]

[“The 12 Principles of Marijuana Anonymous”](#)

[Thank the person by name:]

“The Twelve Concepts for Service in Marijuana Anonymous”

[Thank the person by name:]

Welcome Newcomers

Before we begin, we want to welcome any newcomers to the meeting and acknowledge your being here. Newcomers include anyone new to the program, anyone coming back or anyone new to the phone lines – we’d like to welcome you. **To introduce yourself by first name, please join the queue now by pressing *6 and following the prompts, or you may choose to listen if that feels more comfortable.**

Please explore the MA website at marijuana-anonymous.org. **I will now check the queue to welcome newcomers.**

It’s good to have a pen and paper ready to write down phone numbers when shared at the end of the meeting to make outreach calls. **Whether you choose to share today or stay to listen, we are glad you're here and hope you keep coming back.**

I will be staying on the line after the meeting to respond to questions and further welcome newcomers.

[Chair: If you, the chairperson, cannot stay after the meeting to be newcomer greeter then ask for volunteer with 90 days or more.]

Meeting Norms

To maintain the serenity of the meeting, here are some guidelines:

- We don’t say “Hi” after each introduction or thank each person who shares during these phone meetings which are managed by using Q&A mode. You can actively participate in the meeting by joining the queue with “*6” and follow the prompts. You can remove yourself if you need by using “*6” and again follow the prompts.
- Note that you can use *2 to hear a current count of participants.
 - This is an open meeting of Marijuana Anonymous. We ask that you stay focused on the topic of recovery from Marijuana addiction and share your own experience, strength and hope by using “I” statements.
 - When you share, please tell us your first name only. If you’re comfortable you may include your location or timezone. Feel free to share your day count if you’d like.
 - Please keep your sharing to 3 or 4 minutes. The chair will give a notice when you have about one minute to complete your comments. No need to stop abruptly, just wind down your comments during the next minute. Please acknowledge my signal.
 - After everyone has shared once, if time permits, second shares will be asked for.

Meeting Focus and Format

[not to be read unless you want to, here for reference]

[Note to chairperson: The 7am mtg draws topic from <http://jftna.org/jft/>]

[Note to chairperson: If “topic discussion” feel free to draw the topic from [AA’s Daily Reflection](#)]

- Sunday @ 7 AM EST : *topic discussion*
- Monday @ 7 AM EST : *topic discussion*
- Tuesday @ 7 AM EST : *topic discussion*
- Wednesday @ 7 AM EST : *topic discussion*

- Thursday @7 AM EST : *topic discussion*
- Friday @ 7 AM EST : *topic discussion*
- Saturday @ 7 AM EST : *topic discussion*
- Sunday @ noon EST : *spirituality focus*
- Monday @ noon EST : *topic discussion*
- Tuesday @ noon EST : *Spiritual Principles*
- Wednesday @ noon EST : *Newcomer's Meeting*
- Thursday @ noon EST : *Topic Discussion*
- Friday @ noon EST : *The Reading Room*
- Saturday @ noon EST : *Step Workshop*
- Sunday @ 8:00 PM EST : *topic discussion*
- Monday @ 8:00 PM EST : *North Carolina Hybrid topic discussion*
- Tuesday @ 8:00 PM EST : *topic discussion*
- Wednesday @ 8:00 PM EST : *topic discussion (note there is a women-only mtg on another line)*
- Thursday @ 8:00 PM EST : *topic discussion*
- Friday @ 8:00 PM EST : *topic discussion*
- Saturday @ 8:00 PM EST : *speaker meeting*
- Friday @ 10:00 PM EST : *topic discussion, LGBTQ oriented mtg that is open and welcome to all*

It is now time for sharing.

[Chair: *01 enter Q&A ; *02 next caller ; *03 exit Q&A mode]

[Chair: After person shares, *02, "Next person please share..."]

Repeat the meeting's focus/topic if needed.]

To participate in the meeting press *6, 1. Note that the system will say, "you can now ask your question," which for us means "your turn to share."

7th Tradition (at about 50 minutes into the mtg)

That's all the time we have for sharing during the meeting. Please stay on the line after we close to exchange phone numbers, answer questions, and the meeting after the meeting fellowship.

Our 7th Tradition states that MA has no dues or fees. We are self-supporting through our own contributions. For information on how to contribute please search for "tradition seven" or go directly to the web page

ma-phone.org/tradition-seven

Please give what you can, but if you can give nothing for now

Keep Coming Back!

Claim Your Seat

At this time, would anyone who has not shared like to "*claim their seat*," which means to simply announce your first name, and if you'd like your relative location. This helps us all know that we are not alone in this Recovery Process.

[optional: ask by timezone]

MA-related announcements read by Chair

In an effort to have more time for sharing, the MA World Phone Meetings group (a.k.a MAWPM group) has removed the announcements from this meeting script and are now found on the webpage ma-phone.org.

Look below the “Home” menu tab to find the link to “[Announcements \(MAWPM\)](#)” menu item. Follow this link to review the many opportunities to participate in recovery at the group and world levels.

A brief overview of announcement titles includes information about the variety and time of meetings, the Business Meeting, service opportunities, the MA Meditation book we are collectively writing, the Convention in February, the Conference in May, and other topics.

If you don't have access to the Internet just ask the chairperson to read the announcements during the question and answer time after a meeting.

Are there any MA-related announcements from the fellowship? Please press *6, 1 to join the queue if you have an announcement.

Closing

I'd like to thank everyone for participating in our meeting, especially those who provided service (readers, qualifiers, speakers, timekeepers) and people who shared (optionally by name).

If anyone has any questions that went unanswered, or if you would to share more, please introduce yourself after the meeting.

Phone Number Service Information

We have found telephone contact with other MA members between meetings to be supportive to maintain sobriety. If anyone is available to be a sponsor, who has worked the steps and has experience strength and hope to share, feel free to identify yourself as you share your number.

We suggest that newcomers take down phone numbers from those who share and call the people you feel comfortable with.

For those who do share please be mindful that you are sharing in a public space. Please know that no one is required to give out their phone number.

If an early outreach call turns into a request for romance or finance, consider ending contact with that person. Inappropriate incidents are infrequent, but they have happened.

As it states in our book, *Life With Hope*, “We are responsible for our own recovery” (p. 3) and thus our own outreach calls.

Please remember that anonymity is the spiritual foundation of our program ever reminding us to place principles before personalities.

Thank you for letting me be of service.

[Chair: Optionally can ask for a moment of silence before the prayer.]

[Chairperson's choice for closing prayer, such as the [Unity Prayer](#) can be found [here](#).]

If so inclined, please join us briefly for prayer and/or reflection. I will now take us out of Q&A mode, so we will all be unmuted.

You may want to stay un-muted to participate in saying *The Serenity Prayer* or mute yourself to reflect in your own way.

[Chair: you have the option for format used for reciting the prayer:

- Call-and-response or all-together
- “me” version or “we” version

]

God . . .

Grant me the serenity . . .

To accept the things I cannot change . . .

The courage to change the things I can, . . .

And the wisdom to know the difference.

THANK YOU, EVERYONE!

[optional: Keep Coming Back, It works!]

I'll stay on the line to facilitate phone number exchange and answer newcomer questions or concerns. After that we can have fellowship.

The meeting is concluded.

[Allow a minute for everyone to thank you for the meeting]

Would anyone like to share their phone number in this public space, remember that no one is required to share their phone number.

[optionally you can mention...]

[If requested or needed] To obtain the *Women in Recovery* group's phone number and access code please reach out to one of the women who shared their number.

For modifications to this script or putting items on the Group Conscience agenda, please contact: agenda-mawpm@ma-phone.org